



PROVINCIA DI BERGAMO



Regione Lombardia



COMUNITA' MONTANA
VALLE BREMBANA

SCHOLARSHIP

Heart Friends Around The World



San Pellegrino
Terme, Bergamo,
ITALY
presso la
"Clinica Quarenghi"

May
17-23
2010

Preliminary Program

Monday May 17

- 09.00 am - *Presentation of the scholarship program at the Auditorium of the "Casa di Cura Dr. Quarenghi" Cardiac Rehabilitation Center.* Dr. Flavio Burgarella, Head of the Cardiac Rehabilitation Centre and Founder and Executive Director of Heart Friends Around the World; Michelle Quarenghi, General Manager of the "Casa di Cura Dr. Quarenghi" in San Pellegrino Terme, Bergamo, Italy
- 10.00 am - *Prevention Cardiology in Lombardy.* Dr. Walter Locatelli, General Director at ASL Milan, Italy
- 10.30 am - *Mouth, Teeth and Heart.* Prof. Alberto Baldini, Stomatology, University of Milan Bicocca, Italy.
- 11.00 am - *"In contact with the patient": the practical approach in the cardiac rehabilitation department*
- 12.30 pm - Lunch
- 03.30 pm - *SYMPOSIUM OF CARDIOLOGY*

The organization of a highly specialized Department of Cardiology in Italy. A general overview on heart failure. Dr. Antonello Gavazzi, Head of the Primary Cardiology Division at "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy

The treatment of heart failure in 2010: new prognostic indicators. Dr. Michele Senni, Head of the Cardiovascular Medicine Division at "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy

Electric therapy in the modern treatment of heart failure. Dr. Francesco Cantù, Head of the Electrophysiology Unit of the Cardiovascular Department at "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy
07.30 pm - Dinner

Tuesday May 18

- 09.00 am - *Physical activity for cardiac rehabilitation in the gymnasium of the cardiac rehabilitation center.* Chiara Sonzogni, "Casa di Cura Dr. Quarenghi", San Pellegrino Terme, Bergamo, Italy
- 10.00 am - *Visit to the clinical department of ergometry and echocardiography of the rehabilitation center.*
- 11.00 am - *Theoretical lesson on the principles of Cardiac Rehabilitation and on how to set up cardiac rehabilitation centers in sub-Saharan Africa. Availability of Heart Friends to implement this activity on field.* Flavio Burgarella, Founder and Executive Director of Heart Friends Around The World.
- 12.30 pm - Lunch
- 03.30 pm - *SYMPOSIUM ON VASCULAR SURGERY*

The vascular surgery in 2010: introduction and historical notes. Dr. Luigi Aiuzzi, Head of the Vascular Surgery Department at "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy
Prosthesis and vascular surgery: a comparison in the pathology of carotid, aorta and peripheral arteries. Staff of the Vascular Surgery Department at "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy:

- 04.00 pm - *The carotid artery pathology.* Dr. Cosimo Maraglino
- 05.00 pm - *The aortic pathology.* Dr. Cristina Ricucci
- 06.00 pm - *The lower limb arteriopathy obliterans pathology.* Dr. Riccardo Gotti
- 07.30 pm - Dinner

Wednesday May 19

- 9.00 am - *Physical activity for pulmonary rehabilitation in the gymnasium of the cardiac rehabilitation center.* Chiara Sonzogni, "Casa di Cura Dr. Quarenghi", San Pellegrino Terme, Bergamo, Italy
- 10.00 am - *Theoretical lesson on the principles of pulmonary rehabilitation.* Dr. Ferdinando Cesari, former director of the Department of Pulmonary Rehabilitation, "Casa di Cura Dr. Quarenghi", San Pellegrino Terme, Bergamo, Italy
- 10.30 am - *Visit to the Vascular Ecography Department of the cardiac rehabilitation center*
- 11.30 am - *Assistance during the visit at the patients: doctor-patient relationship during cardiac rehabilitation*
- 12.30 pm - Lunch
- 03.30 pm - *SYMPOSIUM ON CARDIAC SURGERY*

Organization of a highly specialized Department of Cardiac Surgery. Surgical techniques for the treatment of heart failure. Dr. Paolo Ferrazzi, Director of the Cardiovascular Department and Head of the Cardiac Surgery Division at "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy

Pediatric Cardiology as seen by one of its pioneers. Prof. Lucio Parenzan, Founder and Director of the International Heart School

Experience of cardiac surgery in Africa. Dr. Gian Carlo Crupi, Surgeon in Pediatric Heart Surgery at "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy
- 07.30 pm - Dinner

Thursday May

- 09.00 am - *Physical activity for the rehabilitation of the arteriopathy obliterans of the lower limbs in the gymnasium of the cardiac rehabilitation center.* Chiara Sonzogni, "Casa di Cura Dr. Quarenghi", San Pellegrino Terme, Bergamo, Italy
- 10.00 am - *A practical lesson of health education for the patients.*
- 11.00 am - *Nuclear medicine in the cardiologic evaluation: stress myocardial scintigraphy.* Dr. Giuseppe Medolago, Nuclear Medicine Department, "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy
- 12.30 pm - Lunch
- 03.30 pm - *SYMPOSIUM OF INTERVENTIONAL CARDIOLOGY*

The organization of a modern interventional Cardiology in the Province of Bergamo. The treatment of acute myocardial infarction. Dr. Orazio Valsecchi, Head of the Hemodynamics and Interventional Cardiology Division of the Cardiovascular Department at "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy

Imaging in interventional cardiology. Dr. Giulio Guagliumi, Research Cardiologist at the Cardiovascular Department "Ospedali Riuniti di Bergamo" General Hospital, Bergamo, Italy
- 07.30 - Dinner

Friday May 21

- 08.00 am - *Departure by bus to the "Ospedali Riuniti di Bergamo" General Hospital for the visit to the Departments of Cardiology, Coronary Unit, Hemodynamics, Cardiac Surgery and Cardiovascular Medicine, where their respective Heads will illustrate their activities.*
 - 12.30 pm - Lunch in a typical restaurant of Bergamo
 - 03.30 pm - *Guided tour in the Old City, the artistic heritage of Bergamo.*
- Organized by Claudia Lazzaroni, Secretary of Heart Friends Around The World.
- 06.30 pm - Return to San Pellegrino Terme
- 07.30 pm - Gala Dinner

Saturday May 22

- 11.00 am - *Participation in a fitness trail to promote physical activity in rural areas. The model of a Healthy Farm.*
- 03.30 pm - *Lecture on the promotion of the spiritual dimension in medicine.* Dott. Flavio Burgarella, Founder and President of Telehealth.
- 07.00 pm - Dinner and close the work.

